



# FIRST KICKS SOCCER

## Boys & Girls - Age 4 & early 5 Years Old

League Sponsored by: **ConvenientMD**  
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**PROGRAM:** A Coed Youth Soccer program for four year olds! The goal for this age group is to introduce them to the basic concepts of soccer (dribbling, kicking, running, scoring goals!), help them improve their social skills, and most importantly...Have Fun! This will be purely instructional with a little play while encouraging them to enjoy themselves and make new friends. Let kids be kids!

Being a soccer coach for this age group does not require soccer skills. All you need is a positive attitude, a willingness to be silly (even at the expense of embarrassing yourself), and of course a little patience.

**AGE REQUIREMENT:** Participants must be 4 or early 5 (not yet in Grade K).

**REGISTRATION:** Registration is open to students of Exeter and surrounding towns, on a first-come, first-served basis. Registrations accepted at the Recreation Office during our business hours, on-line, mail or fax. Payment must be paid at the time of registration and a medical release form must be completed. The Exeter Parks and Recreation Department reserves the right to limit registration and participation in any program. Exeter Parks & Recreation also reserves the right to effect other changes in the program, including but not limited to date and time changes, registration limits, and others, as may be required. **We are no longer taking requests for your child to be placed with a specific team, player & or coach. If a parent volunteers to coach, your child will be placed on the same team that you will be coaching.**

**LOCATION:** The program will be held on Saturday Mornings at the Recreation Park Fields, 4 Hampton Rd, Exeter.

**FEE:** The cost of this program includes a Soccer Shirt for each participant. Please make your check payable to E.P.R.D. Visa and MasterCard accepted. Sorry, no refunds unless the program is cancelled. There will be a \$20.00 fee charged for each returned check.

Saturdays, September 10 <sup>th</sup> – October 22 <sup>nd</sup> , 2016	Fee on or before 7/29	Fee after 7/29	Class Code
Child	\$45.00	\$55.00	421145-1A
Coach	N/A	N/A	441100-1A

**DEADLINE:** The Deadline to register for this program is **Friday, July 29<sup>th</sup>, 2016 at 4:15pm**. Late registration is on a first-come, first-served basis pending team availability.

**TEAM SPONSORSHIP:** You can sponsor an individual team in the league. Your sponsor's logo will go on the sleeve of team shirts.

**LEAGUE SPONSORSHIP:** You can sponsor an entire League. Your sponsor's logo will go on the back of team shirts, registration forms and our website.

Sponsorships	Fee	Class Code
Team Sponsor **Deadline to sponsor a team: 7/8/2016	\$125.00	751100-1C
League Sponsor – Deadline to sponsor: 7/8/2016	\$1,000	751100-1D

EPRD reserves the right to reject a sponsor that we feel may be inappropriate. Sponsors are accepted upon a first-come first-served basis. Number of teams will be determined upon deadline. Please complete sponsor application if you are interested.

**EXETER PARKS & RECREATION DEPARTMENT**  
32 Court Street, Exeter, NH 03833  
Phone: 773-6151; Fax: 773-6152  
Website: <http://exeternh.gov/recreation>  
Business Hours: Monday - Friday, 8:15am - 4:15pm



**VOLUNTEER COACHES:** There is a NO FEE to coach. Coaches are necessary for the successful operation of this program. **Please know that you will need to indicate on the registration as to whether you can coach.** Volunteers are required to complete a background check. Coaches must pre-register and complete all required paperwork.

**TEAM DIVISIONS:** All games will be played on Saturdays. **In the event of inclement weather for practice sessions and games, please contact the coach of your child's team.**

**UNIFORMS:** The uniforms are for the students to keep at the end of season. **THESE UNIFORMS ARE TO BE WORN FOR ALL THE GAMES.** For your child's protection, **SHIN GUARDS ARE REQUIRED FOR ALL PLAYERS!** Mouth guards are recommended. Shin guards and mouth guards are available at most local department or sporting goods stores. If the weather is cooler, students may wish to wear sweat clothes OVER their uniform for easy on/off. If they wear sweats under the uniform, they risk sweating & over-heating to the point that the sweat clothes will not serve to keep them warm while off field.

**PARENTS/COACHES:** For your child's safety, players may not wear jewelry of any kind or watches. If earrings must stay in you must cover them with medical tape before playing. Please report any injuries to the Assistant Director of the Exeter Parks & Recreation Department within 48 hours of occurrence. All coaches will have medical release forms. Parents should remember that our volunteer coaches and helpers are just that - VOLUNTEERS! Most volunteers are parents like you. They give of their time so that your child may enjoy the fine sport of Soccer. Give them your support - not a hard time! If they ask you for help, lend a hand! You will feel better for doing so, and maybe learn something in the process! Get involved with your child and his/her activities - they are only young once! The Exeter Parks and Recreation Department has been known to ask critics to become coaches!

**CONDUCT/LANGUAGE RULE:** Players, coaches, parents and spectators must refrain from use of any in- appropriate language and/or actions and/or gestures or other inappropriate conduct while at any EPRD program, facility, or function. This includes but is not limited to ALL YOUTH SPORT PROGRAMS. **PLEASE NOTE: Any conduct by a parent, coach or spectator deemed inappropriate at any time during the season may result in immediate dismissal from the premises and program.**

**PLAYER/COACH VIOLATION:** Coaches are permitted & encouraged to pull players from play & are to issue instructive discipline to that player including but not limited to sitting out the remainder of that game/practice and/or the next game/practice. Co-coaches &/or opposing coaches may try to calm the upset coach. Coaches & parents are urged to report offending coaches to EPRD & may be asked to do so in writing by submitting an "accident/incident report". Coaches who are serious &/or repeat offenders may be suspended &/or asked to leave EPRD's programs.

Team Request should only be used for emergency/carpooling purposes. If required there are some regulations to follow.

1. When requesting a team /child, both parties must request each other either on this form, by e-mail or a written letter (NO PHONE REQUESTS). If one of the children doesn't submit the request. That request will not be met.
2. Coaches can request to be with another coach thus both of their children being placed on the team. At no time, can a coach request any other child to be on his team except for the other coach's child. There should only be 2 coaches per team but 3 coaches are acceptable. All coaches must complete a background check to be considered.
3. Coaches determine the practice session day/time therefore we cannot accept day/time requests. This is a non-competitive league so practices are optional – we will not issue refunds for schedule conflicts

### **IMPORTANT DATES TO REMEMBER!**

**Friday, July 29<sup>th</sup> 4:15PM: DEADLINE TO REGISTER FOR YOUTH SOCCER PROGRAM!!!**

**Wednesday, August 17<sup>th</sup>:** Coaches' Meeting: Recreation Office, 5:45PM conducted by E.P.R.D. Coaches will receive their team roster and game schedules.

**Friday, August 26<sup>th</sup>:** Coaches should have contacted all players on their team to inform of the first meeting date/time.

**Saturday September 10<sup>th</sup> – Games begin! Saturday, October 22<sup>nd</sup>:** Final Game Day.

**Saturday, TBA:** Picture Day at Recreation Park – Schedule will be given to Coaches.

**To keep the calls to a minimum, if you have NOT received a call from a coach, refer to the rosters posted at the Recreation Office. Schedules are posted online.**